

--There are six steps in this method: Survey, Question, Read, Record, Recite, and Review.

Survey (S)

This is a skimming technique for an entire chapter.

Steps:

- Read the title, introduction, and chapter objectives.
- Read the chapter headings and subheadings, look at visual aids, and read any small margin notes.
- Glance at terms in bold or italic letters, read the chapter study questions, and read the summary carefully.

Question (Q)

Write your own questions before you read, as they relate to subheadings and headings. Or if your professor has given you topics to consider before the next lecture, re-write these to jog your memory.

Read (R)

Read the paragraphs and pages slowly. Try not to jump ahead or let your mind wander. If you find it hard to concentrate, take a break from reading.

Record (R)

Repeat what you learned back to yourself or explain it to a friend. Say new

