The Trustees of the ICSVEBA understand the importance of keeping members informed of plan updates and changes and are excited to provide you with this month's Highlights newsletter to keep you informed of essential plan information. Please see the updates and "highlights" below and contact your Human Resourcepartment with any questions!

As a reminder, with the change back De Ita Health Syster (DHS) effective 10/1/23 please make certain you are using your new DHS ID cards when you visit each of your providers. If you have that a recent visit, they may still have your old information on filter, dit is important that they update your information as this will affect how your claims are processed.

## Important Vendor Contact s:

Carelon\* /\*\* - Mental Health\* (MH) & Employee Assistance Program\*\* (EAP)

866.533.4278, or visit www.carelonwellbeing.com/icsveba

Carrum Health \* - New way to get surgical and cancer care

888.855.7806, or visit www.carrum.me/ICSVEBA

Download the app by searching "Carrum Health" in your Apple or Android store

Hinge Health\* - Back, Muscle and Joint Health

www.hinge.health/icsveba

PlushCare\* – Telephonic/Video access to physicians for non-acute medical conditions 866.692.1986, or visit <a href="https://www.plushcare.com">www.plushcare.com</a>

Download the app by searching "PlushCare" in your Apple or Android store

SIMNSA – Mexico based medical care, except for life threatening emergencies To schedule an appointment, contact 800.424.4652

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Vitality \*\* - Wellness & Healthier Living

www.PowerofVitality.com

Download the app by searching "PowerofVitality" in your Apple or Android store

Delta Health Systems\* - Eligibility, Claims and Customer Service

866.691.2443, or visit <u>www.deltahealthsystems.com</u> for faster service on eligibility and benefits HUB International – ICSVEBA Benefit Consultan9 (t)-6.66.50/(n9 (t)-A(B)1.d (e)10.5 (t)-5.6 (i)2.n2 (i)2.(ons)-6.66.50/(n9 (t)-A(B)1.d (e)10.5 (t)-5.6 (i)2.(ons)-6.6 (i)2.(ons)-6.6